

SILENT MOVIE SCRIPT:

1. This film is silent for your safety
2. No one may expose you to anything that hurts, pains, scares or offends
3. That makes you do something you don't want to do
4. Or force you to give up something you want to do
5. No one is allowed to do that!
6. All violence is wrong, all violence is harmful
7. We know it's difficult for you
8. You are important
9. You are strong
10. You are courageous
11. We can help you - we are here for you
12. We know that you can handle it
13. You are not alone, help is available
14. Welcome to get in touch
15. We listen, help and protect you
16. Apply for help via outpatient care – Bollnäs Municipality, call 073-087 87 26 or email to socifo.oppenvarden@bollnas.se
17. Apply for help or report a concern for an adult, Bollnäs Municipality. Call 0278-256 04 Exchange 0278-251 90 or send an email to social.forv@bollnas.se
18. The social services adult unit, Söderhamn Municipality, call 0270-750 00 or send an email to kundtjanst@soderhamn.se
19. Contact Ovanåker Municipality, send an email to socialtjansten@ovanaker.se or call 0271-570 00 www.ovanaker.se/vald
20. Victim support in Bollnäs/Ovanåker send an email to omfo@bollnas-ovanaker.boj.se or call Christer Jönsson, support person and coordinator 073-075 30 36, Elisabeth Johansson, chairperson 070-336 44 20.
21. Women's refuge Stöttan, send an email to info@kvinnojourenstottan.se or call 010-471 10 99
22. Victim support in Söderhamn, send an email to info@soderhamn.boj.se or call 0270-101 21, 070-526 64 03
23. In an emergency, always call 112!